



AMBULATORY PHLEBECTOMY CONSENT
DO NOT SIGN THIS UNTIL YOU HAVE READ AND
FULLY UNDERSTAND ITS CONTENTS

This form is designed to provide you with information you will need to make an informed decision about whether to have treatment performed. If you have any questions or do not understand the potential risks, please ask for an explanation.

Ambulatory Phlebectomy is a minor surgical procedure used to remove varicose veins which are close to the skin surface. During the procedure the skin overlying your varicose veins is marked and numbed with a local anesthetic. Special instruments are then used to remove the varicose veins using very small incisions. These small incisions are usually closed with tape strips, avoiding the need for sutures. Following the procedure you will be fitted with a compression bandage and compression stockings.

Complications and side effects of Ambulatory Phlebectomy

Bruising: Patients can develop bruising and discomfort at the incision sites. This is relatively common and will resolve within a few days.

Scarring or discoloration: Some patients may develop scarring or slight skin discoloration at the site of the incisions.

Deep Vein Thrombosis (DVT): This is extremely uncommon. The best prevention is wearing your support stockings and avoid prolonged sitting or standing in the days following the procedure.

Superficial Vein Thrombosis (SVT): Clotting of blood occurs in segments of vein remaining in the leg after the procedure. These will feel like a hard lump and you may see discoloration at the skin surface.

Infection: This is uncommon, but with any procedure in which the skin is punctured there is a risk of infection. This is minimized by the use of careful sterile technique. Infection can generally be treated with antibiotics.

Bleeding: With any procedure that involves puncturing the skin or blood vessel there is a risk of bleeding. Bleeding from veins will almost always stop with pressure. If severe bleeding does occur you should contact the office immediately.

Allergic reaction: Very rarely, a patient may experience an allergic reaction to the local anesthetic. The risk of this is greater in patients who have a history of allergies.

Alternative Treatments

I understand that alternative treatments for varicose veins exist. Because varicose veins are not a life-threatening condition, treatment is not mandatory in every patient. Some patients get adequate relief of symptoms from wearing graduated support stockings.

Possible Complications of not receiving Treatment

In the case of large varicose veins, spontaneous phlebitis and/or thrombus may occur with the associated risk of pulmonary embolus. Additionally, skin ulcerations may develop around the ankles of patients with long standing varicose veins and underlying venous insufficiency.

Proposed Treatment Results

I know that the practice of medicine is not an exact science, and therefore, reputable practitioners cannot guarantee results. While the overwhelming number of patients have noted symptomatic and cosmetic improvement, we cannot guarantee any specific result and do not attempt to do so. I also recognize the need and agree to keep Dr. Kitchen and staff informed of any changes in my medical condition and cooperate with them in my aftercare.

Informed Consent

By signing below, I acknowledge that I have read the foregoing informed consent form and that I understand the risks of the Ambulatory Phlebectomy procedure, alternative methods of treatment, and the risk of not treating my condition, and I hereby consent to treatment.

Cancellation Policy

You have been scheduled for a Foam Sclerotherapy procedure. These procedures require us to purchase supplies, reserve time and schedule personnel for your procedure. These supplies and expenses are NOT returnable. Please give us at least 7 days notice if you are unable to keep your appointment.

Patient Signature: _____

<Current Date>

Witness: _____

<Current Date>

